The Shelley

Newsletter –July 2016

**The Shelley -** 54 Shelley Road, Worthing, West Sussex, BN11 4BX. t: 01903 237000 e: [info@theshelley.com](mailto:info@theshelley.com)

### Inside This Issue

July 1

June in Pictures 2

Queen’s Tea Party 4

Beach Huts 5

John’s Rhymes 7

Entertainment 10

And Finally 11

On July the 23rd

we celebrate our

Annual Charity

Summer Fayre!



This year the Theme is

“Flowers”

Join us, dressed in flowery tops, bottoms, hats, shoes......

Everyone welcome!





Football comes to an end and Wimbledon is well under way. We will be consuming Strawberries and cream washed down with a good dose of Pimm’s!





Page 2 June in Pictures



Page 3



Page 4 Queen’s Tea Party



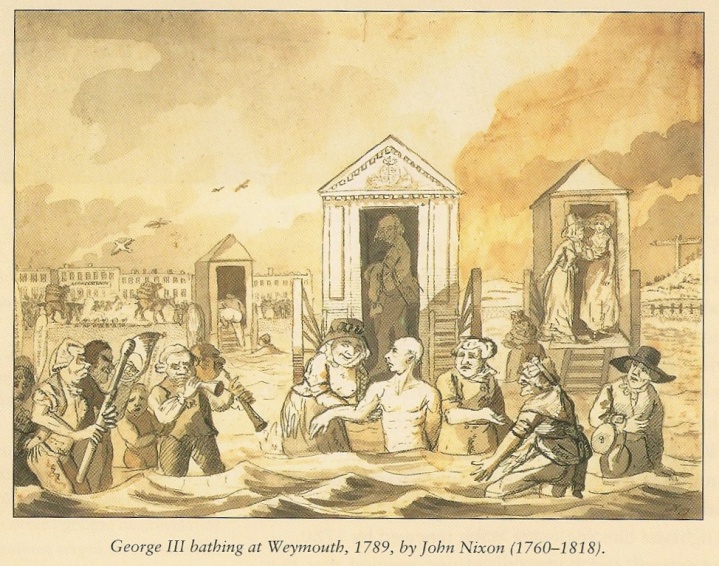
The whole country celebrated the Queen’s 9th birthday (again) with a Tea Party.

Due to inclement weather, we held ours in the dining room and great fun was had by all.

Page 5 Beach Hut Story

The story of beach huts was a recycling idea.

Beach huts were at first converted bathing machines that had their wheels removed, old fishermen's huts, or boatsheds.



In 1789 George III gave royal approval to the new fashion when he took a medicinal bath at Weymouth to the musical accompaniment of ‘God Save the King’.



Mobile changing rooms were in use at Scarborough, the world’s first seaside resort located on the east Yorkshire coast. These simple vehicles, designed for the use of the wealthy but infirm, were evidence of a radical new fascination with the sea. Before this, no one but fishermen and smugglers used the beach. Then doctors began to prescribe the cold sea bath as the latest ‘cure-all’ remedy, the sick went to the coast to be treated and took their families with them. These people needed accommodation and entertainments so the modern concept of the seaside was born.

It wasn’t long after this that the bathing ‘machine’ was invented to offer greater privacy to those taking a therapeutic dip. In its original form this horse drawn carriage featured an enclosed room with a collapsible hood at the seaward end to shield patients as they were submitted naked to the waves by burly attendants called dippers.

In the Edwardian era and in the years following the First World War, the sight of people of both sexes in bathing costumes had become acceptable. However, changing in public was frowned upon and could result in a fine, even if decency was preserved under a Macintosh - so called "Macintosh Bathing". Hence councils provided and charged for beach huts to change in.

Page 6



Enterprising people made use of the abandoned bathing machines by removing the wheels and turning them into beach huts. As an alternative to the beach hut, some seaside towns provided tents for hire, along with deck chairs. These were often brightly coloured and decorated with stripes.

Now you can buy your own beach hut or hire one for the day or a week. They make a great base for a family on a beach holiday.

At many seaside resorts, beach huts are arranged in one or more rows along the top of the beach. Depending upon the location, beach huts may be owned privately or may be owned by the local council or similar administrative body. On popular beaches, privately owned beach huts can command substantial prices due to their convenient location, out of all proportion to their size and amenity.

A pre-war wooden beach chalet at West Bexington, Dorset sold at auction for £216,000 in 2006, and a beach hut on Mudeford Spit sold for £170,000 in 2012.

In November 2015 this hut went up for sale for £250.000 The hut, which has just 138sq ft of accommodation, comes with spectacular sea views in an enviable position on remote Mudeford Spit in Christchurch.

The simple timber cabin has a fitted kitchen – although no running water – and can sleep six adults. It has a supply of electricity via solar panels on the roof.

However these were exceptional as in both cases overnight stays were possible.

Prices in 2009 for typical huts around the UK started from £6,000 in Walton on the Naze and typically up to £35,000.

Today there are believed to be around 20,000 beach huts in the U.K.

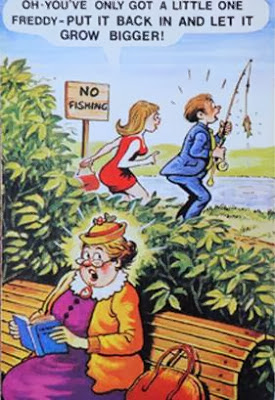
Page 7 John’s Rhymes

[](http://logcabins.co.uk/wp-content/uploads/2010/01/beachhut01-7996681.jpg)Beach Huts  
I'd like to move the beach huts  
Several feet into the sea  
Then folk would have to paddle  
When invited out to tea.  
  
But then of course the question  
Which way would they face?  
Would they look back to the beach  
Or face that strange French place?  
  
I think perhaps the beach is best   
Then we could have some fun  
Seeing what they're up to  
With a Thermos and a bun.  
  
It really would be better  
Than looking at their backs  
When you walk along the front just now  
It's like a row of shacks.  
  
You can hardly see the sea at all  
Just these awful wooden houses  
And really they're no use at all  
Hardly big enough for mouses.  
  
And yet I'm told they cost a bomb  
I can't imagine why  
I wouldn't give you tuppence  
Till the day that all pigs fly.

# Bargain £40,000

# Beach Hut

Page 8



**I am a seaside postcard  
And a saucy one at that  
There's going to be some fun and games  
When I land upon the mat.**



**I am seaside shelter  
To keep off wind and rain  
Sometimes people sleep in me   
Which really is a pain.**



**I am a seaside ice cream van  
Children crowd to get the stuff  
And whenever I run out of it  
They run off in a huff.**



**I am a seaside Mr Punch  
Heading for the rocks  
People don't think much of me   
They'd rather watch the box.   
.**

Page 9



**I am a seaside road train  
Chugging on the front  
And when I have to turn around  
There really is shunt**



**I am a seaside deck-chair  
To go with others on the sand  
And sometimes people sit on us  
And sometimes they hold hands.**



**I am seaside chip shop  
Fish as well of course  
People come in starving  
You would think they'd eat a horse.**



**I am a seaside swimming pool  
Can't see the reason why  
People come to swim in me  
When the sea is just hard by**

**I am a seaside speed-boat  
My business name is Flash  
But if you come and ride in me  
You'll find it should be Splash.**



Page 10 Entertainment

Some Entertainment Coming This Month

As well as our weekly outings in the mini-van or walk/ride to the shops/parks etc. we also have many of our favourite entertainers joining us, such as:

*1ST – Fish n Chip Friday and*

*Amaryllis (Nelson Vanguard Production)*

*5th – Sandgate Singers*

*7th – Poetry with Gill in the morning*

*Rocky road Duo in the afternoon*

*8th – Dean Ager (Rat Pack Style)*

*9th  - Residents Meeting*

*And Strawberry Tea Afternoon (Final Ladies Wimbledon)*

*10th – Pimms & Strawberry Afternoon (Final Men’s Wimbledon)*

*11th – Art Class with Trishie*

**PLUS OUR USUAL**

Yoga – Exercises – Aromatherapy – Manicures

Pampering Afternoons – Art and Crafts – Communion

Breathing Spaces - Outings in the mini-van - Shopping Trips

*13th – Mark with his Mobile Piano*

*14th – Singer Nathan*

*15th - Violinist Sarah*

*18th – Crafts with Eloise*

*19th – Singer, Jonathan Nulty*

*22nd – John Beever, Keyboard*

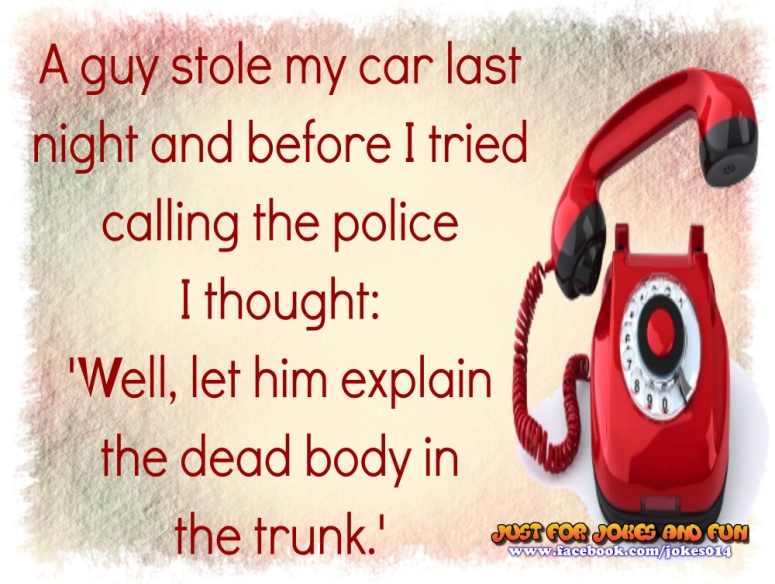
*23rd – Our Annual charity Summer Fayre*

*25th Magic with Robbie*

*29th – New Dimensions*

For the many of you who have not joined Facebook – here are a few of the many daily quotes, comments and funnies posted there.

**

**

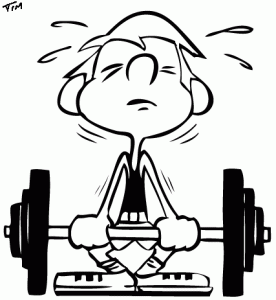
**

Page 11 Finally

**

**

General practice is getting busier and busier, GPs find it harder to spend time with patients who genuinely need help and have less time with patients with chronic disease.

**Here are some examples of non-urgent or no needs to speak to a doctor.**

“I went to the gym yesterday and now my arms are hurting.”

“My son’s shoes are rubbing him.”

“Doctor, my stomach makes this weird rumbling/gurgling noise whenever I haven’t eaten. It’s starting to affect my work.”

“I’m worried about a white lump in my baby’s gum.” (It was a tooth).

“When I drink certain types of beer I vomit and have a headache the next morning.”

“I would like to undergo fertility testing as I have not become pregnant for two years now.” (The husband had been away for 18 months).

“I have had a runny nose for the last half hour.”

 “Can you cut my sons toenails as he doesn’t like it?” (He was 17 years old)

“I’m allergic to avocados — if I eat eight I’m sick.”

“I have had a sore throat since this morning.”

“Doctor, I cannot fart without making a noise.”

**And best of all**

“Hi Doctor. I booked this appointment two weeks ago but the problem has gone now. I didn’t want to waste the appointment so I thought it best to come anyway.”

***We’re on the Web!***

*Visit us:* theshelley.com

*Find us on Facebook:* TheShelley Worthing

*Read Past Newsletters:* theshelleynewsletters.weebly.com/

*For Just Photos:* theshelleyphotos.weebly.com/

Page 12

*The Shelley does not hold, nor claim to hold the copyright on any article or photograph found in print or on the Internet.*