The Shelley

Newsletter –June 2016

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This month we celebrate Donut Day!



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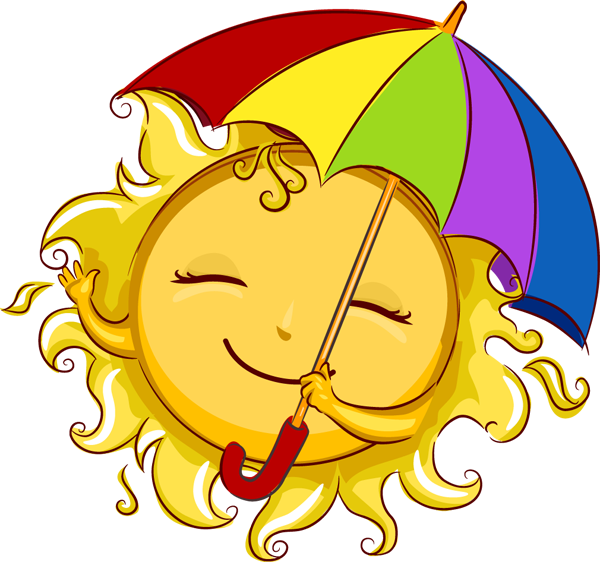
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Chichester Falcons



Summer is meant to arrive this month, usually with holidays at some point.

While we are waiting, John has a view on holidays in his rhyme – See Page 8

Page 2 May in Pictures



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Page 4 Donut Day

***What is Donut Day?***

If you love a donut, then paying your respects to the Salvation Army is necessary, the founders of Donut Day.

## When is This Day Celebrated?

Donut day is celebrated on every First Friday of June.

## Why is This Day Celebrated?

Donut day is celebrated to honour the Salvation Army “Lassies” of First World War. Donut day is also the means of fund raising for the needy causes of Salvation Army.

## When was the First Donut Day Established?

The first Doughnut Day was established on 1938 by the Chicago Salvation Army in order to raise fund for needy causes of Great depression and to honour Salvation Army lassies during World War I.

Donut Day was started in 1938 by the Salvation Army as a fundraising event to honour the Salvation Army volunteers who had offered home cooked to meals to soldiers fighting overseas during World War 1.

Legend has it the ladies cooked many different breakfast items for the soldiers, but the most popular was the down home donut. Donuts were fried in whatever was available to hold the oil over a open fire. Many times metal trash cans or even the soldier's helmet was used as the pot in which to cook the donuts. And those boys ate them up!

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Donut Day in the USA is the day when many donut shops offer free donuts (1 per customer) or free donuts with a beverage purchase. How can you go wrong with that deal.

Donuts have evolved from their glazed or sugar coated origins. Many shapes, sizes or flavours are now available.





Which ones get your tummy rumbling?

Page 6 Peregrine Falcons

**Peregrine falcons** have been nesting in the Chichester Cathedral turrets since 2001.  The first pair of falcons raised 46 chicks together between 2001 and 2013!  In 2014 two new peregrines claimed the nest site and have successfully hatched five chicks to date.  This year, the peregrines have returned to the nest and four eggs produced four eggs al successfully hatched. The chicks hatched at the end of April.  Their sex was identified bymeasuringtheir feet, as female peregrines have bigger feet than males.  
  
The four new arrivals were given unique rings to identify them in the future.  DNA samples were also made during the ringing by removing a tiny feather from each chick.

Thisis only the second time a hat trick of females has been produced by the peregrines since the birds began breeding here in 2002.

The peregrine has long, broad, pointed wings and a relatively short tail. It is blue-grey above, with a blackish top of the head and an obvious black 'moustache' that contrasts with its white face. Its breast is finely spotted. Most peregrines nest on cliffs, including the Sussex coast between Brighton and Eastbourne, but Cathedral turrets will do as they are similar, i.e. high and made of stone. Peregrines have suffered illegal killing from gamekeepers and landowners, and been a target for egg collectors, but better legal protection and control of pesticides (which indirectly poisoned birds) have helped the population to recover considerably from a low in the 1960s. Some birds, particularly females and juveniles, move away from the uplands in autumn.

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The peregrine is a large falcon and the fastest flying bird in the world, known for its spectacular aerial dives or 'stoops' in pursuit of its prey.  Dives have been known to reach up to 390km (240miles) per hour.  The Cathedral peregrines do not hunt around the immediate Cathedral precincts, however, as there are too many other buildings and not enough space.

*The Dive Sequence of the Peregrine falcon, shows how they go from full winged flight to ‘bullet’ mode in moments.*



Arrows may have feathers, but they're slow compared to Peregrine falcons, they are masters of flight.

  
They like to show off their agility, sometimes flying upside down to catch food dropped by a mate.

Page 8 John’s Rhymes





"Did you enjoy your holiday?"  
You hear it quite a lot.   
But really it's a courtesy  
They don't care if you did not.



"We went to dear old France again  
"To a favourite place of mine.  
"We swam bit and sunbathed  
"And drank some ghastly wine."



"I went to climb the Matterhorn  
"To see if I would dare  
"But when I got there, darn it,   
"It was shut down for repair."



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"We went off to Austria  
"All those hills and things  
"And there's a chap called Mozart  
"Apparently he sings."



"We thought we'd go to Spain again,  
"Went to a big bull-fight  
"I thought that it was horrid  
"Vomited all night."



"We thought we'd stay at home this year  
"Just be ourselves, we said  
"My goodness it was boring  
"We were glad to go to bed."



"Next year will be different  
"Try out somewhere new.  
"Haven't quite decided yet  
"But it may be Timbuktu.

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*The Sea Front*

If I lived on the sea front  
How lovely it would be   
To see the big ships cruising by  
Though far out to sea.

  
If I lived on the sea front  
How lovely it would be  
To see the people on the beach  
Drinking cups of tea.

If I lived on the sea front  
How lovely it would be  
To see the girls all sun-bathing -  
A gorgeous sight to see

If I lived on the sea front  
How lovely it would be   
To go for walks along the prom  
After all it's free.

If I lived on the sea front  
How lovely it would be  
To remember all those fighting ships   
That defended me and thee.  
  
If I lived on the sea front  
How lovely late at night  
To hear the waves come washing in  
And know everything's alright.

Page 11 Entertainment

Some Entertainment Coming This Month

As well as our weekly outings in the mini-van or walk/ride to the shops/parks etc. we also have many of our favourite entertainers joining us, such as:

*3rd – GAPP – on Donut Day*

*4th – Shirley & Bill Two in Accord*

*5th – Clever Cavaliers – Dog Show*

*6th – Mark, Singing Ragtime/Boogie/Blues*

*7th – A Historical Talk from Kevin*

*8th – Ali sings and play the Saxophone*

*10th – Paul Rothera – keyboard*

*11th – Trooping the Colour*

*12th – English Afternoon Tea*

*13th – Skittles with Nick*

*16th Ladies Day at Ascot*

*18th - Royal Ascot*

*19th Fathers Day*

*24th - Pal ‘o’ Mine Pete – Singer Guitarist*

*27th - Curtis Singer*

*29th – Daniel and the music workshop*

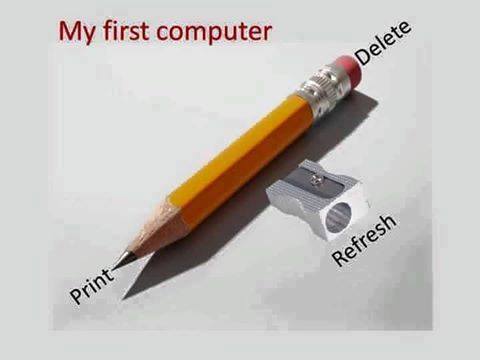
**PLUS OUR USUAL**

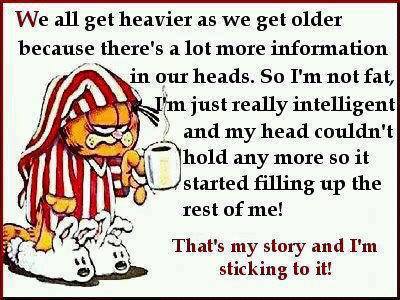
Yoga – Exercises – Aromatherapy – Manicures

Pampering Afternoons – Art and Crafts – Communion

Breathing Spaces - Outings in the mini-van - Shopping Trips

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*Amazing what can be achieved with a couple of big plants and a pair of shears!*

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### These are actual excuse notes (original spelling intact) from some of the most unintentionally hilarious parents around:

My son is under a doctor’s care and should not take P.E. today. Please execute him.

Please excuse Lisa for being absent. She was sick and I had her shot.

Dear School: Please excuse John being absent on Jan. 28, 29, 30, 31, 32, and also 33.

Please excuse Roland from P.E. for a few days. Yesterday he fell out of a tree and misplaced his hip.

John has been absent because he had two teeth taken out of his face.

Chris will not be in school cus he has an acre in his side.

Please excuse Ray Friday from school. He has very loose vowels.

Please excuse Pedro from being absent yesterday. He had ~~diahre~~ ~~dyrea~~ ~~direathe~~ the runs.

Irving was absent yesterday because he missed his bust.

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